



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Morgenweck, Reiko

Club: Laufftreff Breitungen
Number: 921

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:38:29

Speed: 12.79 km/h
Running performance: 4:40 min/km

Rank in course/Total: 13 (of 88)

Rank in course/Men: 13 (of 79)

Best time in course: 1:22:00

Rank in category: 3(of 10)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Pleß | 13.00 | 1:04:15 | 4:56 | 2 | 3:21 | 10 | 10:23 | 13.00 | 1:04:15 | 4:56 | 3 | 3:21 | 48 | |
| Festplatz | 8.10 | 34:14 | 4:13 | 3 | 4:05 | 16 | 7:08 | 21.10 | 1:38:29 | 4:40 | 3 | 7:26 | 14 | 34:03 |