



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Morgenweck, Reiko

Club: Laufftreff Breitungen
Number: 921

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:38:29

Speed: 12.85 km/h
Running performance: 4:40 min/km

Rank in course/Total: 13 (of 88)

Rank in course/Men: 13 (of 79)

Best time in course: 1:22:00

Rank in category: 3(of 10)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:04:15	4:56	2	3:21	10	10:23	13.00	1:04:15	4:56	3	3:21	48	
Festplatz	8.10	34:14	4:13	3	4:05	16	7:08	21.10	1:38:29	4:40	3	7:26	14	34:03