



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Ackermann, Sven

Club: LG Wasungen
Number: 337

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:41:54

Speed: 12.42 km/h
Running performance: 4:50 min/km

Rank in course/Total: 17 (of 88)

Rank in course/Men: 17 (of 79)

Best time in course: 1:22:00

Rank in category: 6(of 9)

Best time in the category: 1:22:00

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Pleß	13.00	1:08:28	5:15	7	14:36	19	14:36	13.00	1:08:28	5:15	6	14:36	44	
Festplatz	8.10	33:26	4:07	5	5:18	13	6:20	21.10	1:41:54	4:49	6	19:54	18	37:28