



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Schadwinkel, Andy

Club: GMRV Langewiesen
Number: 395

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:42:54

Speed: 12.24 km/h
Running performance: 4:53 min/km

Rank in course/Total: 18 (of 88)

Rank in course/Men: 18 (of 79)

Best time in course: 1:22:00

Rank in category: 4(of 10)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:07:31	5:11	4	6:37	17	13:39	13.00	1:07:31	5:11	4	6:37	43	
Festplatz	8.10	35:23	4:22	4	5:14	24	8:17	21.10	1:42:54	4:52	4	11:51	19	38:28