



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Roemer, Ramona

Club: First Fitness  
Number: 301

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W35

Total time: 1:43:50

Speed: 12.13 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 21 (of 88)

Rank in course/Women: 1 (of 9)

Best time in course: 1:43:50

Rank in category: 1(of 2)

Best time in the category: 1:43:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:10:37	5:25	1	-	1	-	13.00	1:10:37	5:25	1	-	1	-
Festplatz	8.10	33:13	4:06	1	-	1	-	21.10	1:43:50	4:55	1	-	1	-