



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Krebs, Michael

Club: Zella-Mehlis
Number: 321

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:44:12

Speed: 12.15 km/h
Running performance: 4:56 min/km

Rank in course/Total: 22 (of 88)

Rank in course/Men: 21 (of 79)

Best time in course: 1:22:00

Rank in category: 7(of 9)

Best time in the category: 1:22:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:08:18	5:15	6	14:26	18	14:26	13.00	1:08:18	5:15	7	14:26	50	
Festplatz	8.10	35:54	4:25	7	7:46	27	8:48	21.10	1:44:12	4:56	7	22:12	22	39:46