



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Heymann, Peter

Club: Laufftreff Hohe Maas  
Number: 319

Course: 21.10 km  
Halbmarathon

Category:  
Männer M50

Total time: 1:46:27

Speed: 11.89 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 25 (of 88)

Rank in course/Men: 23 (of 79)

Best time in course: 1:22:00

Rank in category: 1(of 8)

Best time in the category: 1:46:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:11:22	5:29	1	-	23	17:30	13.00	1:11:22	5:29	1	-	77	
Festplatz	8.10	35:05	4:19	1	-	22	7:59	21.10	1:46:27	5:02	2	42:01	24	42:01