



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Stauche, Ronny

Club: Ettenhausen
Number: 324

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:47:57

Speed: 11.73 km/h
Running performance: 5:07 min/km

Rank in course/Total: 27 (of 88)

Rank in course/Men: 25 (of 79)

Best time in course: 1:22:00

Rank in category: 5(of 10)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:11:28	5:29	5	10:34	24	17:36	13.00	1:11:28	5:29	5	10:34	75	
Festplatz	8.10	36:29	4:30	5	6:20	28	9:23	21.10	1:47:57	5:06	5	16:54	26	43:31