



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Gloth-Pfaff, Andreas

Club: Saalfelder LV
Number: 368

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:52:56

Speed: 11.16 km/h
Running performance: 5:21 min/km

Rank in course/Total: 34 (of 88)

Rank in course/Men: 32 (of 79)

Best time in course: 1:22:00

Rank in category: 4(of 13)

Best time in the category: 1:23:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:15:02	5:46	6	18:34	33	21:10	13.00	1:15:02	5:46	4	18:34	68	
Festplatz	8.10	37:54	4:40	4	10:48	36	10:48	21.10	1:52:56	5:21	4	29:22	33	48:30