



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Wenzel, Maik

Club: Laufteam Herzog-Georg-Apotheke
Number: 388

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:54:40

Speed: 11.04 km/h
Running performance: 5:26 min/km

Rank in course/Total: 37 (of 88)

Rank in course/Men: 35 (of 79)

Best time in course: 1:22:00

Rank in category: 8(of 19)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:17:15	5:56	8	15:29	39	23:23	13.00	1:17:15	5:56	13			65
Festplatz	8.10	37:25	4:37	9	7:22	33	10:19	21.10	1:54:40	5:26	8	22:51	36	50:14