



7. Breitunger Pleßlauf

Breitungen / 22.08.2010

Detailed evaluation

Kaufmann, Andre

Club: TSV Germania 1887

Number: 369

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:57:32

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 43 (of 88)

Rank in course/Men: 41 (of 79)

Best time in course: 1:22:00

Rank in category: 9(of 19)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:22:01	6:18	10	20:15	53	28:09	13.00	1:22:01	6:18	12	3:45	20	2:43
Festplatz	8.10	35:31	4:23	7	5:28	25	8:25	21.10	1:57:32	5:34	9	25:43	42	53:06