



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

**Bayer, Achim**

Club: TV Steinau Lauftreff  
Number: 908

Course: 21.10 km  
Halbmarathon

Category:  
Männer M50

Total time: 1:57:42

Speed: 10.76 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 44 (of 88)

Rank in course/Men: 42 (of 79)

Best time in course: 1:22:00

Rank in category: 4(of 8)

Best time in the category: 1:46:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:17:56	5:59	4	6:34	41	24:04	13.00	1:17:56	5:59	4	6:34	19	
Festplatz	8.10	39:46	4:54	5	4:41	43	12:40	21.10	1:57:42	5:34	5	53:16	43	53:16