



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Reinhardt, Steffen

Club: Rhöner WSV
Number: 307

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:58:06

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 46 (of 88)

Rank in course/Men: 44 (of 79)

Best time in course: 1:22:00

Rank in category: 7(of 13)

Best time in the category: 1:23:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:19:04	6:04	11	22:36	48	25:12	13.00	1:19:04	6:04	7	22:36	17	
Festplatz	8.10	39:02	4:49	5	11:56	40	11:56	21.10	1:58:06	5:35	7	34:32	45	53:40