



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Rittiger, Klaus

Club: TV Barchfeld
Number: 330

Course: 21.10 km
Halbmarathon

Category:
Männer M55

Total time: 1:59:44

Speed: 10.57 km/h
Running performance: 5:40 min/km

Rank in course/Total: 48 (of 88)

Rank in course/Men: 46 (of 79)

Best time in course: 1:22:00

Rank in category: 4(of 7)

Best time in the category: 1:43:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:22:06	6:18	6	13:14	55	28:14	13.00	1:22:06	6:18	4	13:14	15	2:48
Festplatz	8.10	37:38	4:38	3	3:26	34	10:32	21.10	1:59:44	5:40	4	16:40	47	55:18