



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Recknagel, Ria

Club: SV Eintracht Altersbach
Number: 318

Course: 21.10 km
Halbmarathon

Category:
Frauen W60

Total time: 2:00:01

Speed: 10.50 km/h
Running performance: 5:41 min/km

Rank in course/Total: 49 (of 88)

Rank in course/Women: 3 (of 9)

Best time in course: 1:43:50

Rank in category: 1(of 1)

Best time in the category: 2:00:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Pleß	13.00	1:20:19	6:10	1	-	3	9:42	13.00	1:20:19	6:10	1	-	3	9:42
Festplatz	8.10	39:42	4:54	1	-	3	6:29	21.10	2:00:01	5:41	1	-	3	16:11