



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Lunkeit, Achim

Club: Schweina
Number: 310

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 2:00:10

Speed: 10.49 km/h
Running performance: 5:42 min/km

Rank in course/Total: 50 (of 88)

Rank in course/Men: 47 (of 79)

Best time in course: 1:22:00

Rank in category: 8(of 13)

Best time in the category: 1:23:34

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------|-------|---------|------|--------|--------|------|-------|-------|---------|------|--------|-------|--------|-------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Pleß | 13.00 | 1:18:51 | 6:03 | 10 | 22:23 | 47 | 24:59 | 13.00 | 1:18:51 | 6:03 | 8 | 22:23 | 14 | |
| Festplatz | 8.10 | 41:19 | 5:06 | 8 | 14:13 | 53 | 14:13 | 21.10 | 2:00:10 | 5:41 | 8 | 36:36 | 48 | 55:44 |