



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Schmalz, Mario

Club: SV Grün-Weiß Immelborn
Number: 304

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 2:02:28

Speed: 10.34 km/h
Running performance: 5:48 min/km

Rank in course/Total: 56 (of 88)

Rank in course/Men: 52 (of 79)

Best time in course: 1:22:00

Rank in category: 9(of 13)

Best time in the category: 1:23:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:14:20	5:43	5	17:52	31	20:28	13.00	1:14:20	5:43	9	17:52	9	
Festplatz	8.10	48:08	5:56	11	21:02	69	21:02	21.10	2:02:28	5:48	9	38:54	53	58:02