



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Weinberger, Rolf

Club: Viba-Anschütz-Team e.V.
Number: 323

Course: 21.10 km
Halbmarathon

Category:
Männer M55

Total time: 2:02:44

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 58 (of 88)

Rank in course/Men: 54 (of 79)

Best time in course: 1:22:00

Rank in category: 6(of 7)

Best time in the category: 1:43:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:22:03	6:18	5	13:11	54	28:11	13.00	1:22:03	6:18	6	13:11	7	2:45
Festplatz	8.10	40:41	5:01	6	6:29	48	13:35	21.10	2:02:44	5:49	6	19:40	55	58:18