



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Mittelsdorf, Mark

Club: Infanterieschule Hammelburg
Number: 394

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 2:04:45

Speed: 10.15 km/h
Running performance: 5:55 min/km

Rank in course/Total: 60 (of 88)

Rank in course/Men: 56 (of 79)

Best time in course: 1:22:00

Rank in category: 9(of 10)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:23:28	6:25	9	22:34	60	29:36	13.00	1:23:28	6:25	9	22:34	5	4:10
Festplatz	8.10	41:17	5:05	8	11:08	52	14:11	21.10	2:04:45	5:54	9	33:42	57	1:00:19