



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Jens, Wilhelm

Club: Fambach  
Number: 359

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 2:05:50

Speed: 10.06 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 61 (of 88)

Rank in course/Men: 57 (of 79)

Best time in course: 1:22:00

Rank in category: 10(of 13)

Best time in the category: 1:23:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:23:05	6:23	12	26:37	57	29:13	13.00	1:23:05	6:23	10	26:37	4	3:47
Festplatz	8.10	42:45	5:16	9	15:39	57	15:39	21.10	2:05:50	5:57	10	42:16	58	1:01:24