



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Steimann, Kirsten

Club: VfL Sindelfingen
Number: 377

Course: 21.10 km
Halbmarathon

Category:
Frauen W30

Total time: 2:08:49

Speed: 9.83 km/h
Running performance: 6:07 min/km

Rank in course/Total: 66 (of 88)

Rank in course/Women: 5 (of 9)

Best time in course: 1:43:50

Rank in category: 2(of 2)

Best time in the category: 1:45:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Pleß	13.00	1:25:58	6:36	2	15:02	5	15:21	13.00	1:25:58	6:36	2	15:02	5	15:21
Festplatz	8.10	42:51	5:17	2	8:11	7	9:38	21.10	2:08:49	6:06	2	23:13	5	24:59