



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Habelt, Holger

Club: Rennsteiglaufverein
Number: 326

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 2:17:05

Speed: 9.24 km/h
Running performance: 6:30 min/km

Rank in course/Total: 75 (of 88)

Rank in course/Men: 67 (of 79)

Best time in course: 1:22:00

Rank in category: 14(of 19)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:29:34	6:53	14	27:48	68	35:42	13.00	1:29:34	6:53	7	11:18	33	10:16
Festplatz	8.10	47:31	5:51	14	17:28	68	20:25	21.10	2:17:05	6:29	14	45:16	68	1:12:39