



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Römhild, Jürgen

Club: Eisenach  
Number: 383

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 2:19:21

Speed: 9.04 km/h  
Running performance: 6:36 min/km

Rank in course/Total: 77 (of 88)

Rank in course/Men: 69 (of 79)

Best time in course: 1:22:00

Rank in category: 15(of 19)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:30:40	6:58	15	28:54	70	36:48	13.00	1:30:40	6:58	6	12:24	21	11:22
Festplatz	8.10	48:41	6:00	16	18:38	71	21:35	21.10	2:19:21	6:36	15	47:32	70	1:14:55