



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Scharfenberg, Jörg

Club: Bärbelser Säcke
Number: 936

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 2:29:16

Speed: 8.44 km/h
Running performance: 7:04 min/km

Rank in course/Total: 83 (of 88)

Rank in course/Men: 74 (of 79)

Best time in course: 1:22:00

Rank in category: 12(of 13)

Best time in the category: 1:23:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Pleß	13.00	1:18:37	6:02	9	22:09	46	24:45	13.00	1:18:37	6:02	12	22:09	26		
Festplatz	8.10	1:10:39	8:43	12	43:33	78	43:33	21.10	2:29:16	7:04	12	1:05:42	75	1:24:50	