



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Rosenbaum, Sebastian

Club: Mühlhausen  
Number: 954

Course: 5.00 km  
5 km-Lauf

Category:  
Männer M20

Total time: 19:31

Speed: 15.37 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 1 (of 33)

Rank in course/Men: 1 (of 18)

Best time in course: 19:31

Rank in category: 1(of 1)

Best time in the category: 19:31