



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Brodrecht, René

Club: 1.TSV 1990 Bad Salzungen
Number: 314

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 2:33:30

Speed: 8.25 km/h
Running performance: 7:16 min/km

Rank in course/Total: 87 (of 88)

Rank in course/Men: 78 (of 79)

Best time in course: 1:22:00

Rank in category: 19(of 19)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:41:45	7:49	19	39:59	78	47:53	13.00	1:41:45	7:49	2	23:29	22	22:27
Festplatz	8.10	51:45	6:23	18	21:42	75	24:39	21.10	2:33:30	7:16	19	1:01:41	79	1:29:04