



7. Breitunger Pleßlauf

Breitungen / 22.08.2010

Detailed evaluation

Gubitz, Nina

Club: Alea Sanitas
Number: 305

Course: 21.10 km
21 km Nordic Walking

Total time: 3:03:52

Speed: 6.85 km/h

metres in height up: 496
Course score: 28.44

performance score: 197 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	09:30	00:00	00:00
Pleß	13.0	13.0	11:28	01:58	01:58
Festplatz	21.1	8.1	12:33	03:03	01:05