



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Lindner, André

Club: Chemnitz

Number: 903

Course: 30.26 km

30 km-Lauf

Category:

Männer M35

Total time: 2:48:22

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 11 (of 25)

Rank in course/Men: 10 (of 20)

Best time in course: 2:05:54

Rank in category: 3(of 4)

Best time in the category: 2:09:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	13.00	1:11:51	5:31	3	13:02	9	14:35	13.00	1:11:51	5:31	4	13:02	1	-
Pleß	5.00	23:07	4:37	3	4:51	10	5:26	18.00	1:34:58	5:16	4	17:53	1	-
Kilianskuppe	8.00	53:39	6:42	3	14:58	13	15:11	26.00	2:28:37	5:42	3	32:51	1	-
Festplatz	4.26	19:45	4:38	3	6:30	17	7:16	30.26	2:48:22	5:33	4	39:21	11	42:28