



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Jünemann, Bernhard

Club: LT Güntersen
Number: 952

Course: 5.00 km
5 km-Lauf

Category:
Männer M55

Total time: 21:51

Speed: 13.73 km/h
Running performance: 4:22 min/km

Rank in course/Total: 3 (of 33)

Rank in course/Men: 3 (of 18)

Best time in course: 19:31

Rank in category: 1(of 1)

Best time in the category: 21:51