



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Unkart, Christoph

Club: TTSV GW Immelborn
Number: 165

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M20

Total time: 42:11

Speed: 14.22 km/h
Running performance: 4:01 min/km

Rank in course/Total: 4 (of 138)

Rank in course/Men: 4 (of 100)

Best time in course: 36:38

Rank in category: 4(of 14)

Best time in the category: 36:38