



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

**Noll, Jonas**

Club: SV Normania Treffurt  
Number: 202

Course: 10.50 km  
10,5 km-Lauf

Category:  
Männer M40

Total time: 45:15

Speed: 13.26 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 13 (of 138)

Rank in course/Men: 12 (of 100)

Best time in course: 36:38

Rank in category: 3(of 15)

Best time in the category: 42:30