



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Bomberg, Dirk

Club: SC Impuls Erfurt
Number: 167

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M50

Total time: 46:08

Speed: 13.01 km/h
Running performance: 4:23 min/km

Rank in course/Total: 16 (of 138)

Rank in course/Men: 15 (of 100)

Best time in course: 36:38

Rank in category: 2(of 7)

Best time in the category: 44:03