



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Heinze, Juliane

Club: Blankenhain  
Number: 249

Course: 10.50 km  
10,5 km-Lauf

Category:  
Frauen W20

Total time: 48:10

Speed: 12.46 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 24 (of 138)

Rank in course/Women: 2 (of 38)

Best time in course: 44:57

Rank in category: 1(of 4)

Best time in the category: 48:10