



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Krause, Romana

Club: Sportteam Steinbach Meiningen
Number: 150

Course: 10.50 km
10,5 km-Lauf

Category:
Frauen W45

Total time: 49:16

Speed: 12.18 km/h
Running performance: 4:41 min/km

Rank in course/Total: 28 (of 138)

Rank in course/Women: 3 (of 38)

Best time in course: 44:57

Rank in category: 1(of 10)

Best time in the category: 49:16