



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Krauß, Raimund

Club: Berka  
Number: 174

Course: 10.50 km  
10,5 km-Lauf

Category:  
Männer M70

Total time: 49:37

Speed: 12.09 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 29 (of 138)

Rank in course/Men: 26 (of 100)

Best time in course: 36:38

Rank in category: 1(of 3)

Best time in the category: 49:37