



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Albrecht, Jürgen

Club: Apoldaer LV 90
Number: 126

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M55

Total time: 51:13

Speed: 11.71 km/h
Running performance: 4:53 min/km

Rank in course/Total: 36 (of 138)

Rank in course/Men: 32 (of 100)

Best time in course: 36:38

Rank in category: 2(of 8)

Best time in the category: 46:50