



Detailed evaluation

Plinke, Frank

Club: Hofheim

Number: 632

Course: 60.00 km

Taunustrail Mitteldistanz

Category:

Senioren 2

Total time: 4:33:29

Speed: 13.16 km/h

Rank in course/Total: 17 (of 34)

Rank in course/Men: 17 (of 33)

Best time in course: 3:01:19

Rank in category: 6(of 10)

Best time in the category: 3:14:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	15.00	1:00:49	14.80	8	15:20	24	19:12	15.00	1:00:49	14.80	9	9:33	15	5:59
Lap 2	15.00	1:06:45	13.48	8	18:13	23	23:22	30.00	2:07:34	14.11	9	22:02	4	
Lap 3	15.00	1:10:58	12.68	6	22:13	19	24:19	45.00	3:18:32	13.60	7	52:11	4	38:28
Last lap Finish	15.00	1:14:57	12.01	8	26:21	21	28:13	60.00	4:33:29	13.16	9	1:48:31	28	2:00:04