



5. Nordic-Walking-Tag Bad Dürrenberg

Bad Dürrenberg / 28.08.2010

Detailed evaluation

Smasal, Helga

Number: 41

Course: 6.00 km

6 km-Strecke

Category:

Frauen

Total time: 47:06

Speed: 7.64 km/h

Running performance: 7:51 min/km

Rank in course/Total: 5 (of 62)

Rank in course/Women: 4 (of 46)

Best time in course: 46:02

Rank in category: 4(of 46)

Best time in the category: 46:02