



5. Nordic-Walking-Tag Bad Dürrenberg

Bad Dürrenberg / 28.08.2010

Detailed evaluation

Gerner, Wolfgang

Club: 1.NWG

Number: 30

Course: 12.00 km

12 km-Strecke

Category:

Männer

Total time: 1:41:04

Speed: 7.12 km/h

Running performance: 8:25 min/km

Rank in course/Total: 6 (of 10)

Rank in course/Men: 3 (of 5)

Best time in course: 1:34:03

Rank in category: 3(of 5)

Best time in the category: 1:34:03

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kleinkorbetha | 6.00 | 53:12 | 8:52 | 3 | 1:54 | 3 | 1:54 | 6.00 | 53:12 | 8:52 | 1 | - | 1 | - |
| Bootshaus | 6.00 | 47:52 | 7:58 | 4 | 5:28 | 4 | 5:28 | 12.00 | 1:41:04 | 8:25 | 3 | 7:01 | 3 | 7:01 |