



## 5. Nordic-Walking-Tag Bad Dürrenberg

Bad Dürrenberg / 28.08.2010

### Detailed evaluation

**Raschik, Sylke**

Club: TG Saalkreis Walker

Number: 11

Course: 6.00 km

6 km-Strecke

Category:

Frauen

Total time: 1:18:54

Speed: 4.56 km/h

Running performance: 13:09 min/km

Rank in course/Total: 60 (of 62)

Rank in course/Women: 44 (of 46)

Best time in course: 46:02

Rank in category: 44(of 46)

Best time in the category: 46:02