



5. Nordic-Walking-Tag Bad Dürrenberg

Bad Dürrenberg / 28.08.2010

Detailed evaluation

Otto, Hans-Werner

Club: VFL Wathlingen

Number: 12

Course: 12.00 km

12 km-Strecke

Category:

Männer

Total time: 1:56:18

Speed: 6.19 km/h

Running performance: 9:41 min/km

Rank in course/Total: 10 (of 10)

Rank in course/Men: 5 (of 5)

Best time in course: 1:34:03

Rank in category: 5(of 5)

Best time in the category: 1:34:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kleinkorbetha	6.00	1:00:08	10:01	5	8:50	5	8:50	6.00	1:00:08	10:01	5	6:56	5	6:56
Bootshaus	6.00	56:10	9:21	5	13:46	5	13:46	12.00	1:56:18	9:41	5	22:15	5	22:15