



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Nowak, Lucia

Club: Sophienschule Körner (1)  
Number: 413

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 8:35

Speed: 6.99 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 153 (of 469)

Rank in course/Women: 53 (of 218)

Best time in course: 6:04

Rank in category: 14(of 127)

Best time in the category: 6:54