



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Rost, Leonie

Club: Nikolaischule  
Number: 356

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 7:19

Speed: 8.20 km/h  
Running performance: 4:18 min/km

Rank in course/Total: 46 (of 469)

Rank in course/Women: 13 (of 218)

Best time in course: 6:04

Rank in category: 2(of 127)

Best time in the category: 6:54