



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Tröstrum, Jannik

Club: GS Heyerode
Number: 204

Course: 1.70 km
Schülerlauf

Category:
männliche Schüler D

Total time: 11:57

Speed: 5.02 km/h
Running performance: 7:02 min/km

Rank in course/Total: 366 (of 469)

Rank in course/Men: 196 (of 251)

Best time in course: 5:38

Rank in category: 106(of 153)

Best time in the category: 6:50