



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Vockrodt, Lena

Club: Grundschule  
Number: 158

Course: 1.70 km  
Schülerlauf

Category:  
weibliche Schüler C

Total time: 7:18

Speed: 8.22 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 44 (of 469)

Rank in course/Women: 11 (of 218)

Best time in course: 6:04

Rank in category: 3(of 59)

Best time in the category: 6:58