



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Ellerich, Lena

Club: GS Heyerode

Number: 169

Course: 1.70 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 9:38

Speed: 6.23 km/h

Running performance: 5:40 min/km

Rank in course/Total: 235 (of 469)

Rank in course/Women: 95 (of 218)

Best time in course: 6:04

Rank in category: 38(of 127)

Best time in the category: 6:54