



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Seyfarth, Michel

Club: SV Creaton Großengottern  
Number: 63

Course: 5.00 km  
5 km-Lauf

Category:  
Schüler

Total time: 19:05

Speed: 15.72 km/h  
Running performance: 3:49 min/km

Rank in course/Total: 13 (of 131)

Rank in course/Men: 13 (of 92)

Best time in course: 15:33

Rank in category: 3(of 12)

Best time in the category: 17:53