



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Henning, Michael

Club: Bundeswehr

Number: 36

Course: 5.00 km

5 km-Lauf

Category:

Männer

Total time: 19:41

Speed: 15.24 km/h

Running performance: 3:56 min/km

Rank in course/Total: 16 (of 131)

Rank in course/Men: 16 (of 92)

Best time in course: 15:33

Rank in category: 9(of 70)

Best time in the category: 15:33