



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Mörstedt, Udo

Club: SV Neunheilingen

Number: 112

Course: 5.00 km

5 km-Lauf

Category:

Männer

Total time: 20:35

Speed: 14.57 km/h

Running performance: 4:07 min/km

Rank in course/Total: 20 (of 131)

Rank in course/Men: 20 (of 92)

Best time in course: 15:33

Rank in category: 12(of 70)

Best time in the category: 15:33