



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Zengerling, Markus

Club: SV Hainich Heyerode  
Number: 80

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 21:11

Speed: 14.16 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 25 (of 131)

Rank in course/Men: 25 (of 92)

Best time in course: 15:33

Rank in category: 17(of 70)

Best time in the category: 15:33