



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Worch, Alexandra

Club: SV Creaton Großengottern  
Number: 79

Course: 5.00 km  
5 km-Lauf

Category:  
Schülerinnen

Total time: 21:20

Speed: 14.06 km/h  
Running performance: 4:16 min/km

Rank in course/Total: 26 (of 131)

Rank in course/Women: 1 (of 39)

Best time in course: 21:20

Rank in category: 1(of 12)

Best time in the category: 21:20